



**Five Ways**  
**Grandparents Help**  
**Keep Grandkids Faithful**

# Grandparents love their grandchildren and want to spend eternity with them in heaven.

Yet, our post-Christian culture consistently tries to undermine their faith in God and His Church. This leaves many grandparents confused about how to help keep them faithful in this anti-Christian time.

Religious and social research has found there are five basic factors that influence your grandchildren's choice to remain faithful.

**Those five factors include:**



## 1. Experiencing a warm, loving family life.

An overly-chaotic life engenders anxiety and a sense of conditional love, which can lead to inconsistent belief development.

## 2. Observing a consistent faith witness.

Children require 2–6 responsible adults to model Catholic practices and a Catholic worldview for the faith to become believable and trusted..

## 3. A spiritually engaged father.

When the father of the family is authentically active in his faith, the chances of children remaining faithful rises to 93%.

## 4. Integrated faith in everyday life.

Faith should be experienced as a natural part of life, not just something practiced on Sundays. It should become part of the fabric of everyday life.

## 5. Intentional Catholic Grandparenting.

Your grandchildren must come to embrace their own living faith in Christ and His Church. Begin by entrusting them to Jesus through the intercession of Sts. Joachim & Anne, grandparents of Jesus and patron saints of grandparents.



Entrust your grandkids to Sts. Joachim and Ann and get exclusive resources by joining the Society of Sts. Joachim and Anne at [legacyoffaith.org/society-of-sts-joachim-and-anne](https://legacyoffaith.org/society-of-sts-joachim-and-anne).

